

Activities Program



Mondays	Community Bus Trips – Depart from Morley and Bayswater Community Centres in mornings as scheduled. Refer to the Centre Noticeboard for trip details.			
	Live Long. Live Strong.	9.30 – 10.30am	\$5	Exercise physiology class. GP enhanced primary health care plans (EPC) accepted. Bookings required. Call Gregory on 0481 945 628 .
Tuesdays	Walking Group	8.30am	Free	Weather permitting. Tea and coffee \$2.
	Indoor Bowls	9 – 11.30am	\$2.50	Indoor version of lawn bowls on synthetic mats.
	Tai Chi	12 – 1pm	\$2.50	A gentle and controlled movement class. Please wear loose clothing and bring a water bottle.
	Hairdresser	From 8.30am		Bookings required. Call Sharon on 0437 709 965 .
	Card Making	11.30am – 1pm	\$2.50	Make unique cards using recycled and new materials. No experience necessary. Alternate Tuesdays, please contact the centre before attending.
Wednesdays	Bingo	11am – 2pm	\$2 + books	Current membership of Morbay Active Ageing Association is also required – \$10.
	Creative Art Group	9am – 3pm	\$2.50	Bring your materials and dabble in a fun atmosphere. Beginners welcome.
Thursdays	Podiatrist	From 8.30am		Bookings required. Call Life Active on 6117 5147 .
	Hairdresser	From 8.30am		Bookings required. Call Sharon on 0437 709 965 .
	Move it with Kasse	9 – 10am 10 – 11am	\$5.50	Move to music with stretching, toning and resistance in this fitness class.
	Rumicrub/Cribbage	10.30am – 12pm	\$2.50	Combining elements of the card game rummy and mah-jong.
	Line Dancing Beginners	11.15am – 12.15pm	\$5.50	Beginners welcome to join at any time, with the opportunity to progress to intermediate class.
	Line Dancing Intermediate	12.30 – 1.30pm	\$5.50	A fun class for intermediate-level dancers.
Fridays	Indoor Bowls	9 – 11.30am	\$2.50	Indoor version of lawn bowls on synthetic mats.
	Canasta/Jonola	10am – 12pm	\$2.50	A quick-moving card games with friends.
	Mah-jong	11.30am – 2.30pm	\$2.50	Chinese tile-based game with four players. Chinese and Western sets.

Address

6A Blades Close,
Morley

Centre hours

Monday to Friday
8.30am - 3pm

Annual membership is required to use the Centre (1 July 2024 – 30 June 2025).

Standard fee: \$15.50. Discounts apply for veterans and City volunteers; see staff for further details.

For more information

Phone **9276 6108** or email

community.centres@bayswater.wa.gov.au

